



Adam Mickiewicz University

City: Poznan – Country: Poland

Adam Mickiewicz University explores feminist writing, minority literatures, European genocides and their artistic figuration, and the representation of animal identities in literature and philosophy.

1- Institutional webpage:

neo.amu.edu.pl/ifrom/index.php?option=com_content&task=view&id=489&Itemid=215

2- Information on Polish Visa:

http://www.msz.gov.pl/en/travel_to_poland/entering_poland/

3- Accommodation:

AMU offers single and double dormitory rooms at "Jowita" hall. Double is 495 PLN (approx. 125 €) /month. Single is 595 (approx. 150 €). More information can be found at the website: <http://dsjowita.home.amu.edu.pl/>

4- Cost of living in Poland:

From EURES Website

<https://ec.europa.eu/eures/main.jsp?catId=8712&acro=living&lang=en&parentId=7824&countryId=PL&living=>

“Prices of products and services [the money used in Poland is not Euro but Zloty – PLN]

In Poland, costs of living are diversified [...]

Examples of average prices of basic foodstuffs: bread (1 kg) – PLN 3.07 (EUR 0.7); kaiser roll (50 g) – PLN 0.23 (EUR 0.05); tea (100 bags) – PLN 13.76 (EUR 3.15); ground coffee (250 g) – PLN 6.26 (EUR 1.43); jam (250 g) – PLN 2.76 (EUR 0.63); corn flakes (250 g) – PLN 3.28 (EUR 0.75); oil (1 litre) – PLN 5.58 (EUR 1.28); butter (200 g) – PLN 3.34 (EUR 0.77); eggs (10 pcs) – PLN 3.20 (EUR 0.73); hard cheese (1 kg) – PLN 14.27 (EUR 3.27); milk (1 litre) – PLN 2.39 (EUR 0.55); cottage cheese (200 g) – PLN 1.81 (EUR 0.41); yoghurt (150 g) – PLN 0.98 (EUR 0.22); water (1.5 litre) – PLN 1.7 (EUR 0.39); flour (1 kg) – PLN 1.82 (EUR 0.42); sugar (1 kg) – PLN 2.82 (EUR 0.65); penne pasta (500 g) – PLN 3.48 (EUR 0.8); boneless loin of pork (1 kg) – PLN 15.59 (EUR 3.57); chicken (1 kg) – PLN 7.03 (EUR 1.61); sliced ham (450 g) – PLN 11.89 (EUR 2.73); bananas (1 kg) – PLN 4.09 (EUR 0.94); apples (1 kg) – PLN 2.44 (EUR 0.56); potatoes (1 kg) – PLN 1.17 (EUR 0.27); tomatoes (1 kg) – PLN 3.86 (EUR 0.88); bell pepper (1 kg) – PLN 5.05 (EUR 1.16).

Examples of average prices of basic household chemicals and cosmetics: dish washing liquid (1 litre) – PLN 4.87 (EUR 1.12); toothpaste (125 ml) – PLN 5.49 (EUR 1.26); soap (100 g bar) – PLN 3 (EUR 0.69); shampoo (250 ml) – PLN 5.06 (EUR 1.16); washing powder (400 g) – PLN 5.73 (EUR 1.31); toilet paper (8 rolls, the cheapest) – PLN 2.5 (EUR 0.57).

Examples of **average monthly fees for utilities per one person**: electricity – PLN 176 (about EUR 40); telephone – PLN 98 (about EUR 22); waste (disposal) – PLN 40 (about EUR 9); water – PLN 88 (about EUR 20); Cable TV – PLN 63 (about EUR 14); Internet – PLN 55 (about EUR 13); gas – PLN 128 (about EUR 29). In total this makes about PLN 648 (about EUR 149) per month per person.

Examples of **average prices of other products and services**: gasoline (litre) – PLN 4.42–4.77 (about EUR 1); cinema ticket – PLN 18–26 (about EUR 4–6); theatre ticket – PLN 50–150 (about EUR 11–34); main dishes in restaurants – PLN 20–40 (about EUR 5–9).

Shops

Shopping hours are set up by the owners, though most often the following pattern occurs:

- groceries – fro 6:00 (7:00) a.m. to 18:00 (19:00), some are open longer (some are even open on Sundays);
- other shops than groceries – usually open at 11:00 a.m.;
- supermarkets (mostly situated at he outskirts of large cities – usually from 9;00 a.m. till 22:00, seven days per week.

The majority of shops accept debit cards.

[...]

5- Course offerings:

http://neo.amu.edu.pl/ifrom/index.php?option=com_content&task=view&id=635&Itemid=226

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